# Breakfast (7am - 11am)

#### **HEALTHY**

Fresh Fruit Salad R36

Seasonal mix of freshly prepared fruit. Add yoghurt for R12

Cafe Health Breakfast R58

Fresh fruit salad, sugar-free muesli with a side serving of low fat plain yoghurt, and raw nuts and seeds.

#### ON THE GO

Brekkie-in-a-Bun R26

An egg, rasher of bacon and a slice of cheese served in a fresh bun with a dash of BBQ sauce.

Wrap - scrambled egg, bacon, cherry tomatoes and a half side order of fries R38

Wrap - savoury beef mince with scrambled egg, spring onions and a touch of sweet chilli, plus a half side order of fries R38

#### TO ENJOY AT YOUR LEISURE

#### Traditional Omelette R44

Three egg omelette served with any two fillings; cheddar, mozzarella, cherry tomatoes, bacon, mushrooms. Extra fillings at R9 each. Served with brown or white toast and preserves.

Scrambled Egg & Croissant R38 (V)

Two scrambled eggs infused with feta, served in a freshly baked croissant with balsamic mushrooms on the side. Add smoked salmon for R24. Add 2 rashers of bacon for R14.

Peoples Benedict R56 (V)

Two poached eggs served atop a grilled brown mushroom with creamed spinach, and topped off with Hollandaise sauce. Served with brown or white toast and preserves.

Mabhida Benedict R68 with s/salmon or R56 with honey infused bacon. Two poached eggs served on an English muffin, topped with Hollandaise sauce, smoked salmon or bacon. Served with brown or white toast and preserves.

#### Stadium Breakfast R66

Your choice of scrambled, poached or fried eggs (2), grilled sausage, 2 rashers of bacon, seared cherry tomatoes, sautéed mushrooms & fries. Served with brown or white toast and preserves.

### LIGHTER SIDE

Cafe French Connection R25

 $2\ \mathrm{slices}$  of French toast served with maple syrup. Add two rashers of bacon for R14.

Anchovy Toast R22

2 slices of brown or white toast, served with anchovy paste and butter.



Junior Egg on Toast - fried or poached egg, 1 slice white or brown toast R12

Junior Sunrise - 1 egg, 2 rashers bacon, tomato, slice of toast and butter R19

# Light Meals (10am - close)

TOASTIES (Std R32 ~ Gourmet R48) Add fries for R15

Egg and Bacon

Chicken Mayo & Mozzarella

Cheese and Tomato

Vegetarian [spinach, feta, mushrooms & mozzarella]

Mozambique [chicken peri-peri with caramelised onion and mozzarella]

Durbanite [bacon, avocado (seasonal) haloumi and mozzarella]

#### WRAPS

Beef Prego - sirloin strips, caramelised onion, lettuce, tomato, cucumber, cheddar and prego sauce in a wrap. R39

Thai Chicken - avo (seasonal), chicken strips, cheddar, salad & sweet chilli sauce.R39

#### TRAMEZZINI (add fries for R15)

Spinach and Feta with mushrooms and mozzarella (V) R48

Chicken Mayo with dill cucumber and mozzarella R48

Mozambique - chicken peri-peri with caramelised onion, mozzarella R48

Durbanite - bacon strips, avocado (seasonal) haloumi and mozzarella.R48

#### CAFE SALADS

Waldorf R60

Dating back to 1893 from New York's Astoria Hotel, this classic is served using mayo instead of yoghurt and includes walnuts, celery, grapes (or raisins) and apple served on a bed of lettuce.

Chicken and Pear R60

Smoked chicken fillet strips served on wild mixed greens with pear and citrus and served with a blue cheese dressing.

Greek Salad R48

Traditional Greek salad with olive oil and balsamic dressing.



Junior toasted Chicken Mayo Sarmie R19

Chicken strips with chips or potato wedges R29

Drumstick with chips or potato wedges R32

Junior Beef Burger & fries R26

Junior Chicken Burger & fries R26

Mini pizza (Veg – cheese & tomato) (chicken & mushroom/pineapple) R38

# WHEN YOU BUY ANY KIDDIES MEAL YOU GET SPARLETTA FREE BETWEEN 15/03/19 & 01/04/19:

Please note, this 'Kiddies' items will only be served to children under the age of 12.

## Cafe Meals (11am - close)

#### BURGERS & RUSSIANS

Cheesy Russian served on a fresh roll with caramelised onion, sauces, a side salad and fries R34

Chicken Burger R46

Grilled chicken fillet with gherkin, onion and served with crispy greens and the Cafe's own burger sauce & fries. Add cheese, egg or pineapple ring for R8 each

Beef Burger R46

50gm ground beef pattie, served with crispy salad, gherkin, onion, Cafe's own purger sauce and fries. Add cheese, egg or pineapple ring for R8 ea

Cafe Beef Burger R75

A pure ground beef pattie of 240g [made from over 15 secret ingredients], grilled to tender perfection and served with crispy salad, gherkin, caramelised onion, 3 rashers of crispy bacon and a load of grated cheddar, special sauce and fries.

#### **SPECIALITIES**

### **Curry of the Day**

Beans (V) R55

R55 ( on the bone

\* Chicken

\* Beef R75

(on the \* Lamb R89 bone)

Served with rice or roti, sambals and pickles.

#### **Bunny Chow** (1/4 white loaf)

\* Beans (V) R48

R48 ( on the

\* Chicken bone )

\* Beef R68

R75 (on the

\* Lamb bone)

Served with extra gravy, sambals and pickles

#### **SAVOURY CREPES**

Spinach and Feta Crepe R48 ( V )

Two light pancakes filled with creamed spinach and feta and topped off with melted cheddar cheese with a crispy side salad.

#### MEALS

Chicken Schnitzel - crumbed chicken fillet topped with a cheese sauce, served with seasonal vegetables or a side salad and fries. R72

Chicken Tikka R49

Succulent marinated chicken on a skewer served with a side salad, sauce and dressing. Add fries for R15

Chicken livers peri-peri - Durban's best (mild) livers, served with sliced brown bread. R36 add fries for R15

### DAILY SPECIAL (12PM - close)

Tuesdays to Sundays our Chef cooks up a 'Special' using the freshest ingredients to tantalise your tastebuds. Ask your waitron about today's Special....

# Sweets and Desserts (all day)

#### **DESSERTS & CONFECTIONERY**

#### Chocolate Brownies R29

Homemade 'peppermint-crisp' chocolate brownies served with lashings of decadent sauce.

### Malva Pudding R29

Warm malva pudding served with either ice cream or fresh cream

Two pancakes with a delicious warm filling of your choice, served with either a scoop of vanilla ice cream or fresh cream (R10 extra charge for both)

- Caramelised Banana R34
- Apple Cinnamon R34
- Cinnamon & Sugar R20

**Sweet Muffins R18** served with butter, cream and preserves - ask your waitron for details on what muffins are freshly baked today!

#### **Health Muffin R22**

- Carrot Cake Muffin
- Bran Muffin
- Oats Muffin

Ask your waitron to find out which muffin is fresh baked today!

#### **Home Baked Scones R16**

Eggless - Made with yoghurt. Served with butter, cream and strawberry jam.

#### Cake of the day R28

Ask your waitron for details on what cake has been freshly baked for you today! (On view at the service counter)

Fresh Fruit Salad (Seasonal and Subject to availability) Fresh Fruit Salad and one scoop of Ice Cream for R45 Fresh Fruit Salad and Fresh Cream for R45

#### Cold

#### **Soft Drinks R15**

Coke Coke Zero

Fanta Orange

Fanta Grape Cream Soda

Sparberry

Stoney

Sprite

Lemon Twist

#### Tisers R20

Appletiser, Grapetiser

#### Ice Tea R18

Lemon, Peach, Red Fruit

### Fresh Fruit Juices R20

Orange, Mango, Cranberry, Fruit Cocktail

### **Iced Smoothies OR**

#### **Yoghurt Smoothies R29**

Mango and passion fruit Strawberry and banana

#### **Shakes R29**

Chocolate

Lime

Strawberry

Banana

Bubblegum

Coffee-Shake R34

Vanilla-Shake R22

FIND OUT MOR

031 303 5719 nmsdurban.co.za

# Beverages

#### Hot

#### Teas R14

Ceylon Earl Grey

Lemon Green

Chamomile Rooibos

Chai Latte R22

Illy Coffees Filter R14

Espresso R14

Double Espresso R18

Cappuccino with foam R16 Cappuccino with cream R18 Skinny cappuccino R16

Americano R18 Latte R18 Mocha R18

Iced Coffee R18

Other Hot Beverages Hot Chocolate R21 Milo R21



Right of Admission is Strictly Reserved

Ask about our Kiddies Parties

Corporate Functions and Events



The package includes: The venue for up to 50 kids and adults in a clearly demarcated exclusive area Access to the playground \* Plenty of space to ride bikes or rollerblade \* Table and chair set-up \* Clean-up after the party \* Waiter service The package excludes: \* Food - the cafe offers a delicious menu to \* Beverages -the restaurant offers a full selection \* Birthday cake \* Party packs
\* Kiddies tables and chairs if required

FIND OUT MORE 031 303 5719 nmsdurban.co.za



Open 7 days a week. 7am to 6pm